



Access online Childcare Resources at www.IBHWorkLife.com:

Articles

Find articles on adoption, choosing a baby sitter, single parenting and other common issues for parents.

Webinars

- ▶ Delightfully Dealing with Difficult Children
- ▶ Positive Guidance for Your Child's Self Esteem
- ▶ Single Parent Survival Skills
- ▶ Summer Planning for Your Children

Locators

- ▶ Adoption Services
- ▶ Childcare Services
- ▶ New Parent Services
- ▶ Educational Services

Forms

- ▶ Childcare Agreement
- ▶ Childcare Instructions

Access Online Work-Life Balance

- ▶ Login to www.IBHWorkLife.com:
Username: **Matters**
Password: **WLM70101**



Childcare Resources

Locating and accessing care options can be a time-consuming, confusing and overwhelming process. Most people are unaware of where to turn for assistance and support. The EAP can assist in finding quality information and services including finding a day care center, nannies, lactation support, summer camps, adoption, tutoring, and more.

Access to Specialists

Childcare professionals provide information and support on parenting, school issues, adoption, college planning, teenager challenges, summer camps, daycare, and other important issues for parents.

Talk with a Consultant

Talk with a consultant who specializes in answering tough questions and understanding unique issues. Consultants have access to vast resources to help assist family members living nearby or far away.

Common Concerns

Consultants offer tailored resources and materials to meet each family's needs. Common concerns include adoption, selecting caregivers, daycare, summer camps, behavioral management, education, and fun activities.